



WELL Advisory Group Meeting
Wednesday, October 8, 2025, 7:30am
Terrace Suite, The WELL

Minutes

1. The meeting was called to order at 7:38 a.m. by Reddish
 - a. Present: Wayne Linklater, Phil Thiphakhinkeeo, Laurie Pittman, Lisset Lule Cruz, Vi Nigmadjanova, Elena Larson, Jacob Gonzalez
 - b. Also Present: Andrew Reddish, Bill Olmsted, Tori Butler, Jill Farrell, Jessica Swart
2. Public Comment: None
3. Introductions and Overview
 - a. Members introduce themselves, and Reddish presents an overview of The WELL's history and the purpose of the WELL Advisory Group (WAG).
4. Consent Calendar:
 - a. Approval of The WELL Advisory Group Meeting Minutes — February 26, 2025
Consensus of approval of minutes as written: Passed
5. New Business:
 - a. Conflict of Interest: **Information**
 - i. Reddish reviews the purpose of the conflict of interest forms and summarizes the responsibilities and expectations of WAG members.
 - b. Meeting Dates for 2025–2026: **Information**
 - i. Reddish reviews the meeting dates for the 2025-26 fiscal year.
 - c. Student Liaisons to the Board of Directors: **Information**
 - i. Reddish discusses the student liaison to the Union WELL, Inc. (UWI) Board of Directors (BOD) position, and announces that Lule Cruz and De La Cruz Ramirez represent the WAG.
 1. Larson asks for clarification on the committee structure and members selection process. Reddish reviews the composition of WAG, explaining that some members are appointed, while others indicate interest when applying for a BOD student position. Olmsted adds that invitations to apply are shared through social media and digital signage, allowing students to indicate interest in other UWI committees. Olmsted and the board officers then review applications and select students based on committee needs.
 - d. Selection of Chair: **(MSP: Linklater, Pittman)**
 - i. Reddish discusses the student chair position and opens nominations, including self-nominations. Lule Cruz and Nigmadjanova self-nominate and each speak to their interest in the position.
 1. The candidates step outside the room while a vote takes place. Nigmadjanova is announced as WAG chair based off voting results from the Advisory Group voting members.
 - e. WELL Event Center Update: **Information**

- i. Reddish provides an update on event center construction and shares renderings including an image representing how the space will appear during athletic games. He announces that the project is scheduled to be completed by the end of October.

- 1. Larson asks if any events or games are scheduled in the space. Reddish confirms that the first game is scheduled for November 3. Olmsted adds that President Wood wants to hold an opening, but the current focus remains on completing the project, so no date has been set.

f. North Field Project Update: **Information**

- i. Reddish provides a brief overview of the project, noting limited progress due to a shift in priorities. Revitalizing the fields remains a priority, and the goal is to accelerate the project this year.

- 1. Gonzalez recalls that some funds originally allocated to the project were reallocated to other projects and asks if they have since been restored. Reddish explains that funds have not yet been replenished, though other potential funding sources are being explored. Olmsted adds that completing the project in phases, based on the priority of features, is also being discussed.

6. Reports and Comments

a. Advisory Group Members

- i. Larson announces that four mandatory miscellaneous fees were approved this year for a stepped increase over the next several years. To complement this change, a new program was created to cover \$298 of miscellaneous fees, with the covered amount increasing annually to match the incremental fee adjustments. Students can apply for this support through the CARES Office using a grant-style application.
- ii. Gonzalez announces a professional development opportunity hosted by Lucid Motors. University students are invited to visit Lucid's Bay Area campus to tour the facilities, test drive the company's new SUV, meet technology professionals, hear from a certified life coach and military veteran, and learn about internship opportunities for next year. The event is scheduled for November 14 from 10 a.m. to 1 p.m. and includes a free lunch. Gonzalez encourages members to share the opportunity and promote attendance among Sac State students.
- iii. Lule Cruz announces that the Student Health, Counseling, & Wellness Services (SHCWS) Basic Needs Resource Center (BNRC) is now open. The program is going well and seeing an increase in appointments. Students can receive assistance with access to basic need items like shoes, clothes, food, snacks, personal care items, diapers, etc.
- iv. Pittman reports that the BNRC is serving approximately 90 students per day, holding five appointments every 10 minutes. A personal shopper assists each student in selecting a well-rounded variety of food options. The center also connects students with a CalFresh representative who can help with applications to supplement food income. Additionally, SHCWS is hosting ongoing flu shot clinics, with vaccinations available to students at no cost.

b. Executive Director: Olmsted

- i. Olmsted reports that the organization continues work on the Event Center project and a multitude of other construction projects across both buildings, including a new roof, new restrooms, the Relaxation Station, and carpeting upgrades. He notes that the City of Sacramento recently celebrated its 45-year sister-city partnership with Matsuyama, Japan—the birthplace of haiku. Twenty-eight representatives, including the Mayor of Matsuyama, visited Sac State to present a haiku post office box to President Wood. Anyone may submit a haiku to be sent to Japan and cataloged alongside

others, celebrating the partnership. There are 110 haiku boxes worldwide, with this being the first in the United States, located in the University Union next to the Info Desk.

c. Director: Reddish

- i. Reddish notes that, for the sake of time, he will email his report and share a copy of today's presentation.

d. Assistant Director: Swart

- i. Swart reviews the schedule for the first week of games in the Event Center, noting that the first event will be a women's game on November 3 at 6:30pm and encourages everyone to attend. Swart shares participation highlights, reporting 9,767 unique student check-ins between August 18 and September 30—an increase of 1% from the same period last year. There are 1,572 non-student members, a 3% increase, consisting of alumni, faculty, staff, and sponsored members, with alumni representing the largest group (1,195) followed by faculty and staff (202). She notes that she will send additional data to Reddish to share by email.

7. The meeting was adjourned at 9:02am